



Getting started

Getting started with MaternaLink is easy! And it's never too early to enroll. As soon as your pregnancy is confirmed, call our BabyLine at (866) 988-BABY to enroll. Simply tell us your:

- 1 Name
- 2 ID number
- 3 Address
- 4 Home phone number
- 5 Work phone number
- 6 Due date
- 7 Doctor's name
- 8 Doctor's phone number

*Healthy pregnancies help babies
get the best start!*

MaternaLink is a prenatal care program administered by Alere. It is not intended as a substitute for the professional health, medical or prenatal care you receive from your physician. Obstetrical nurses are available for consultation from enrollment through six weeks after delivery.

MaternaLink is available with health plans insured by Trustmark Insurance Company and Trustmark Life Insurance Company, and self-funded plans with stop-loss insurance provided by Trustmark Life Insurance Company.

Please refer to your Plan Document for specific precertification information.

MaternaLink[®]

866-988-BABY (2229)

www.maternalink.com/trustmark

Trustmark
Companies

400 Field Drive • Lake Forest, IL 60045

H278-36 (1-09)



MaternaLink[®]

Trustmark
Companies

Congratulations! You're having a baby.

From the moment of conception, your baby needs the special care only you can provide. Trustmark wants to help you provide that care. That's why we're pleased to offer MaternaLink®, a prenatal program specifically designed with the health of you and your baby in mind — and it's available to you at no additional cost.

MaternaLink provides expectant mothers with information and resources about pregnancy, childbirth and baby care. We have designed our program to complement the prenatal care and education you receive from your doctor.



This program includes the following services:

- **Confidential pregnancy screenings**
- **Pregnancy wellness information and materials that address your specific needs**
- **Access to a toll-free *BabyLine*®, staffed by maternity nurses**
- **An electronic maternity newsletter and health information library**
- **Maternity case management**

Pregnancy Screenings

A healthy baby needs a healthy mom. Because your health is so important, you will be asked to participate in three pregnancy screenings: at program enrollment, at the midpoint of your pregnancy and once you have delivered. You can complete these assessments by telephone, via our secure website, or by completing the form we will mail to you.

After each pregnancy screening, you and your doctor will be mailed a copy of the report.

If any complications develop during your pregnancy, a maternity case manager can help. The case manager, a registered nurse who specializes in pregnancy management, will provide you with information and support specific to your condition. If your physician recommends special services to assist you during your pregnancy, your case manager will help coordinate these services.

Education, just for you!

After you complete your first screening, you will receive the book *Your Journey Through Pregnancy*. This book will provide you with helpful information about the growth and development of your baby, as well as topics from nutrition to breastfeeding.

You can access additional information on our website at www.maternalink.com/trustmark. You will find many topics of interest. You can also sign up for our electronic maternity newsletter, *HerHealth News*, e-mailed to you every two weeks beginning at 13 weeks of pregnancy and continuing until you deliver.

BabyLine®

Through *BabyLine*®, you or members of your family may speak with a maternity nurse, 24 hours a day, seven days a week. This toll-free telephone service is staffed by experienced maternity nurses who can answer questions and provide additional information. *BabyLine*® even remains available to you for six weeks after you deliver your baby to answer any questions you might have about baby care.

Our Way of Saying Thanks

After completing the MaternaLink program, you will receive a \$100 gift card for helping your baby off to a healthy start.

Eligibility

Enrollment in MaternaLink is available to eligible employees and dependents through week 33 of gestation.

